

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Schnitt	Runde1	Platz	Runde2	Platz	Runde3	Platz	Verein
1	GÖDERZ Johannes		n°493	1-M	00:15:58.28	3'33	00:05:18.29	3	00:05:24.92	1	00:05:15.07	1	Non Licensed
2	DIEDERSHAGEN Johannes		n°500	2-M	00:16:07.77	3'35	00:05:18.15	2	00:05:25.42	2	00:05:24.20	2	DJK Marienstatt
3	HAUMANN Hendrik		n°543	3-M	00:16:29.05	3'40	00:05:18.44	4	00:05:33.83	3	00:05:36.78	3	TG Konz
4	KEXEL Sebastian		n°562	4-M	00:17:41.56	3'56	00:05:34.62	5	00:06:14.55	8	00:05:52.39	5	Non Licensed
5	GEISBÜSCH Jörg		n°571	5-M	00:17:42.06	3'56	00:05:46.80	8	00:06:00.60	4	00:05:54.66	6	SV Lasseg
6	BERKE Martin		n°026	1-M	00:17:44.01	3'56	00:05:46.42	7	00:06:06.07	6	00:05:51.52	4	TV Cochem
7	CHALGOUM Mouloud		n°559	6-M	00:17:46.72	3'57	00:05:39.09	6	00:06:07.73	7	00:05:59.90	7	LG Laacher See
8	JUNKER Ingo		n°157	2-M	00:17:57.31	3'59	00:05:46.83	9	00:06:03.50	5	00:06:06.98	8	Meddys LWT Koblenz
9	PLAKSEJ Karolina		n°286	1-F	00:19:19.67	4'18	00:06:11.77	11	00:06:35.76	10	00:06:32.14	12	SRL Triathlon Koblenz
10	BECKMANN Frank		n°021	3-M	00:19:26.03	4'19	00:06:36.15	17	00:06:23.40	9	00:06:26.48	10	Non Licensed
11	MARTIN Stephan		n°227	1-M	00:19:30.07	4'20	00:06:20.90	14	00:06:46.26	15	00:06:22.91	9	Volksbank Rhein-Lahn eG 1
12	RÜDEL Lennart		n°495	7-M	00:19:37.65	4'22	00:06:12.16	12	00:06:36.22	11	00:06:49.27	15	LG Boppard Bad Salzig
13	STÜHN Frank		n°381	1-M	00:19:48.99	4'24	00:06:07.27	10	00:06:43.56	13	00:06:58.16	19	RSC Betzdorf
14	JUNKER Jessica		n°573	1-F	00:19:55.62	4'26	00:06:19.13	13	00:06:42.35	12	00:06:54.14	16	Meddys LWT Koblenz
15	SCHORN Rudi		n°345	1-M	00:19:59.66	4'27	00:06:43.90	19	00:06:44.18	14	00:06:31.58	11	LG Rhein - Wied
16	SCHMITZ Hermann		n°564	8-M	00:20:03.98	4'28	00:06:31.20	15	00:06:46.76	16	00:06:46.02	13	SPVGG Nickenich
17	VOGEL Rudi		n°518	9-M	00:20:04.51	4'28	00:06:31.37	16	00:06:46.85	17	00:06:46.29	14	SPVGG Nickenich
18	MÜNZEL Michael		n°496	10-M	00:20:46.71	4'37	00:06:52.14	21	00:06:58.36	18	00:06:56.21	17	Non Licensed
19	LICHTLEIN Dorothee		n°568	2-F	00:21:03.29	4'41	00:06:43.57	18	00:07:14.86	22	00:07:04.86	21	TV Hofgeismar
20	ERDMANN Moritz		n°539	11-M	00:21:06.70	4'41	00:07:03.75	25	00:07:06.31	19	00:06:56.64	18	FC Horcheim
21	GÖDDE Christian		n°494	12-M	00:21:24.28	4'45	00:07:13.51	27	00:07:08.61	20	00:07:02.16	20	SG Andernach
22	UEBERHOLZ Antje		n°584	3-F	00:21:28.35	4'46	00:06:54.76	23	00:07:17.02	24	00:07:16.57	25	Meddys LWT Koblenz
23	PETERS Janne		n°531	13-M	00:21:48.31	4'51	00:07:20.43	32	00:07:16.23	23	00:07:11.65	24	LG Laacher See
24	?Nummer #364		n°364	14-M	00:21:48.33	4'51	00:06:53.55	22	00:07:30.27	31	00:07:24.51	30	Non Licensed
25	SCHWUNN Sebastian		n°359	1-M	00:21:48.96	4'51	00:06:49.66	20	00:07:50.54	43	00:07:08.76	22	SV Untermosel
26	MEUER Sigrd		n°492	4-F	00:21:52.25	4'52	00:06:56.67	24	00:07:31.18	32	00:07:24.40	29	SV Weitersburg
27	ZWICKERT Paul		n°433	1-M	00:22:11.28	4'56	00:07:21.28	34	00:07:28.69	27	00:07:21.31	27	LG Laacher See
28	SCHWAB Rainer		n°354	4-M	00:22:11.89	4'56	00:07:05.04	26	00:07:32.31	33	00:07:34.54	36	Non Licensed
29	ZWICKERT Patrick		n°541	15-M	00:22:12.28	4'56	00:07:24.15	35	00:07:30.04	30	00:07:18.09	26	Non Licensed
30	WEILER Christian		n°405	2-M	00:22:14.36	4'57	00:07:53.18	53	00:07:11.05	21	00:07:10.13	23	JSV Ettringen
31	KARBACH Clemens		n°164	2-M	00:22:15.33	4'57	00:07:21.26	33	00:07:29.42	28	00:07:24.65	31	LG Laacher See
32	KARBACH Alexander		n°166	3-M	00:22:17.12	4'57	00:07:24.76	36	00:07:29.96	29	00:07:22.40	28	LG Laacher See
33	HUMMEL Monika		n°142	1-F	00:22:19.05	4'58	00:07:15.33	29	00:07:27.77	25	00:07:35.95	37	Meddys LWT Koblenz
34	HUMMEL Maike		n°141	1-F	00:22:21.62	4'58	00:07:15.34	30	00:07:28.16	26	00:07:38.12	40	Meddys LWT Koblenz
35	HÄRING Horst		n°112	3-M	00:22:32.49	5'01	00:07:28.12	37	00:07:35.23	34	00:07:29.14	33	Non Licensed
36	ERDMANN Michael		n°540	16-M	00:22:52.01	5'05	00:07:36.31	44	00:07:45.20	39	00:07:30.50	34	Non Licensed
37	SCHÜLLER Werner		n°350	5-M	00:22:56.60	5'06	00:07:32.59	42	00:07:39.25	37	00:07:44.76	44	Non Licensed
38	SCHRÖDER Hannah		n°347	2-F	00:23:05.99	5'08	00:07:30.12	39	00:07:52.52	47	00:07:43.35	42	SV Untermosel
39	GÖRGE Rebekka		n°093	3-F	00:23:06.07	5'08	00:07:30.24	40	00:07:52.52	46	00:07:43.31	41	SV Untermosel
40	KASPARI Markus		n°169	6-M	00:23:06.09	5'08	00:07:16.67	31	00:07:41.00	38	00:08:08.42	61	LT Andernach
41	BRUST Judith		n°050	2-F	00:23:07.55	5'08	00:07:42.02	46	00:07:48.38	40	00:07:37.15	38	LT TuS Lonnig
42	HEYER Jürgen		n°555	17-M	00:23:11.62	5'09	00:07:51.53	52	00:07:35.25	35	00:07:44.84	45	Non Licensed
43	BOES Harald		n°552	18-M	00:23:12.52	5'09	00:07:57.04	54	00:07:37.52	36	00:07:37.96	39	Non Licensed
44	REIF Matthias		n°490	19-M	00:23:18.49	5'11	00:07:32.62	43	00:07:59.80	56	00:07:46.07	46	SVU Leichtathletik
45	STORCK Jonas		n°376	1-M	00:23:21.24	5'11	00:07:13.82	28	00:07:57.92	51	00:08:09.50	62	VfB Polch
46	STORCK Anita		n°377	2-F	00:23:25.22	5'12	00:07:30.99	41	00:07:50.20	42	00:08:04.03	57	VfB Polch
47	HOMBURG Annika		n°138	4-F	00:23:30.26	5'13	00:07:30.05	38	00:07:52.66	48	00:08:07.55	60	SV Untermosel
48	KRÄMER Julia		n°204	1-F	00:23:32.06	5'14	00:08:17.82	61	00:07:48.55	41	00:07:25.69	32	LG Maifeld-Pellenz
49	KARBACH Christiane		n°165	1-F	00:23:35.34	5'15	00:07:50.38	50	00:07:55.13	49	00:07:49.83	48	LG Laacher See
50	PORT Thomas		n°506	20-M	00:23:36.92	5'15	00:07:50.43	51	00:07:51.69	44	00:07:54.80	49	Non Licensed
51	DEGEN Christiane		n°563	5-F	00:23:51.95	5'18	00:08:12.54	58	00:07:52.46	45	00:07:46.95	47	SPVGG Nickenich
52	HERMANN Rainer		n°556	21-M	00:23:54.76	5'19	00:07:46.43	49	00:08:06.94	57	00:08:01.39	56	LT TUS Lonnig
53	BENNER Gerd		n°553	22-M	00:23:59.77	5'20	00:08:27.14	68	00:07:59.70	55	00:07:32.93	35	SSV Pfaffenheck
54	MOHR Maria		n°248	3-F	00:24:04.08	5'21	00:07:44.45	47	00:08:12.50	59	00:08:07.13	59	LT TuS Lonnig
55	SCHMITZ Petra		n°565	6-F	00:24:08.08	5'22	00:08:12.77	59	00:07:56.87	50	00:07:58.44	52	SPVGG Nickenich
56	JAKSCHIS Anke		n°150	4-F	00:24:18.17	5'24	00:08:19.96	65	00:07:58.54	52	00:07:59.67	54	Meddys LWT Koblenz
57	FROHS Manuela		n°082	2-F	00:24:18.19	5'24	00:08:19.95	64	00:07:58.78	54	00:07:59.46	53	Meddys LWT Koblenz
58	HEIDGER Sonja		n°119	5-F	00:24:18.20	5'24	00:08:19.86	63	00:07:58.60	53	00:07:59.74	55	Meddys LWT Koblenz
59	DECKER Ilona		n°054	3-F	00:24:42.78	5'30	00:07:57.42	55	00:08:31.96	63	00:08:13.40	64	LG Boppard Bad Salzig
60	STAUDT Ramon		n°534	23-M	00:24:46.64	5'30	00:07:44.92	48	00:08:50.26	76	00:08:11.46	63	DJK LT Helenberg
61	HENNES Horst		n°123	1-M	00:25:00.85	5'34	00:08:18.18	62	00:08:10.77	58	00:08:31.90	67	LTD Köln-Dellbrück
62	CULHA Dennis		n°053	2-M	00:25:05.56	5'35	00:08:07.31	57	00:08:17.66	60	00:08:40.59	74	Non Licensed
63	BECKMANN Philipp		n°022	1-M	00:25:13.68	5'36	00:08:57.66	94	00:08:31.60	61	00:07:44.42	43	Non Licensed
64	FLICKA Marius		n°076	2-M	00:25:25.28	5'39	00:08:57.42	93	00:08:31.73	62	00:07:56.13	50	JSG Immendorf
65	FLICKA Michael		n°075	7-M	00:25:27.63	5'39	00:08:57.70	95	00:08:32.01	64	00:07:57.92	51	JSG Immendorf
66	NEEB Anne		n°263	1-F	00:25:27.75	5'40	00:07:40.93	45	00:09:14.70	83	00:08:32.12	68	SSC Karthause
67	ROOZE Menk		n°557	24-M	00:25:37.21	5'42	00:08:27.11	66	00:08:44.95	72	00:08:25.15	65	Non Licensed
68	VEBER Ruth		n°530	7-F	00:25:37.56	5'42	00:08:07.09	56	00:08:43.54	70	00:08:46.93	78	Non Licensed
69	LEISTER Monika		n°561	8-F	00:25:41.54	5'43	00:08:27.12	67	00:08:45.02	74	00:08:29.40	66	SPVGG Nickenich
70	WALDECKER Willi		n°519	25-M	00:25:42.02	5'43	00:08:13.21	60	00:08:40.36	67	00:08:48.45	81	SPVGG Nickenich
71	REIF Carola		n°299	6-F	00:25:47.70	5'44	00:08:29.45	70	00:08:43.73	71	00:08:34.52	69	SVU-Leichtathletik



Platz	Nachname - Vorname	Nation	StNr.	Platz	AK	Zeit	Schnitt	Runde1	Platz	Runde2	Platz	Runde3	Platz	Verein
72	NEUHAUS Ellen		n°489	9	-F	00:25:49.75	5'44	00:08:31.58	72	00:08:41.71	68	00:08:36.46	71	Running Team Bad Ems
73	NELLESSEN Ute		n°268	7	-F	00:26:03.48	5'47	00:08:37.96	76	00:08:47.37	75	00:08:38.15	72	SG Neukirchen-Hülchrath
74	WEILER Michael		n°407	8	-M	00:26:06.01	5'48	00:09:15.16	100	00:08:45.01	73	00:08:05.84	58	JSV Ettringen AH
75	HOMMEN Carina		n°139	4	-F	00:26:13.68	5'50	00:08:52.41	82	00:08:33.32	65	00:08:47.95	80	Volksbank Rhein-Lahn eG
76	DÖTSCH Sabrina		n°064	5	-F	00:26:13.80	5'50	00:08:52.54	83	00:08:33.44	66	00:08:47.82	79	Volksbank Rhein-Lahn eG
77	TOMBERS Monika		n°560	10	-F	00:26:14.37	5'50	00:08:29.12	69	00:08:54.97	77	00:08:50.28	83	Vulkanläufer
78	SCHIMPITZ Cornelia		n°324	2	-F	00:26:28.59	5'53	00:08:47.06	78	00:08:55.39	78	00:08:46.14	76	LT TuS Lonnig
79	SCHIMPITZ Christian		n°325	2	-M	00:26:28.70	5'53	00:08:46.68	77	00:08:55.41	79	00:08:46.61	77	LT TuS Lonnig
80	SCHMITT Alexandra		n°569	11	-F	00:26:34.42	5'54	00:08:55.59	87	00:09:04.05	80	00:08:34.78	70	Non Licensed
81	HOFMANN Matthias		n°133	9	-M	00:26:45.70	5'57	00:09:04.91	96	00:08:43.13	69	00:08:57.66	84	Non Licensed
82	NIEDERLZ Regina		n°272	3	-F	00:27:05.64	6'01	00:09:10.34	97	00:09:13.20	82	00:08:42.10	75	SVU-Leichtathletik
83	POLCH Susanne		n°566	12	-F	00:27:07.86	6'02	00:08:56.95	91	00:09:30.68	94	00:08:40.23	73	Non Licensed
84	SCHÜTZ Kai		n°499	26	-M	00:27:10.88	6'02	00:08:35.78	74	00:09:20.47	85	00:09:14.63	91	LG Maifeld-Pellenz
85	POERTNER Damiano		n°293	1	-M	00:27:11.63	6'03	00:08:34.54	73	00:09:21.15	87	00:09:15.94	92	Mendig
86	HAAG Beate		n°107	8	-F	00:27:12.70	6'03	00:09:10.36	98	00:09:13.13	81	00:08:49.21	82	SVU-Leichtathletik
87	HEINRICH Katharina		n°537	13	-F	00:27:26.45	6'06	00:08:56.30	90	00:09:28.32	89	00:09:01.83	88	Non Licensed
88	SOLMAZER Yasmin		n°538	14	-F	00:27:26.47	6'06	00:08:56.00	89	00:09:28.35	90	00:09:02.12	89	Non Licensed
89	PFEFFER Jil		n°567	15	-F	00:27:27.24	6'06	00:08:30.26	71	00:09:30.65	93	00:09:26.33	95	TV Hofgeismar
90	SCHOLLMAYER Sandra		n°340	4	-F	00:27:30.24	6'07	00:08:55.46	86	00:09:35.05	99	00:08:59.73	85	LG Laacher See
91	BIRKE Thomas		n°029	10	-M	00:27:30.38	6'07	00:08:55.10	84	00:09:35.05	97	00:09:00.23	87	LG Laacher See
92	SCHOLLMAYER Bernd		n°341	11	-M	00:27:30.50	6'07	00:08:55.32	85	00:09:35.05	98	00:09:00.13	86	LG Laacher See
93	KELLER Ursula		n°585	16	-F	00:27:46.16	6'10	00:08:51.36	81	00:09:18.23	84	00:09:36.57	100	Non Licensed
94	JUSTEN Isabel		n°158	5	-F	00:27:52.14	6'12	00:08:55.84	88	00:09:33.45	95	00:09:22.85	93	LG Laacher See
95	MEYER Michael		n°238	12	-M	00:27:59.39	6'13	00:09:20.79	106	00:09:29.68	91	00:09:08.92	90	SVU-Leichtathletik
96	WEISS Mary		n°409	17	-F	00:28:04.12	6'14	00:09:14.82	99	00:09:22.15	88	00:09:27.15	96	LG Laacher See
97	SCHÄFER Brigitte		n°320	9	-F	00:28:07.24	6'15	00:08:57.24	92	00:09:37.03	102	00:09:32.97	99	LG Laacher See
98	LINZ Sven-Oliver		n°558	27	-M	00:28:21.46	6'18	00:09:20.77	105	00:09:30.21	92	00:09:30.48	97	Skater Bonn
99	WELSCH Ingrid		n°411	1	-F	00:28:29.20	6'20	00:09:15.27	101	00:09:34.76	96	00:09:39.17	103	LG Laacher See
100	WEBER Linda		n°399	6	-F	00:29:01.42	6'27	00:09:38.03	110	00:09:35.52	100	00:09:47.87	104	Non Licensed
101	JUNG Sina		n°156	7	-F	00:29:01.48	6'27	00:09:37.94	109	00:09:35.64	101	00:09:47.90	105	Non Licensed
102	MÜLLER John		n°497	28	-M	00:29:16.60	6'30	00:09:58.04	118	00:09:55.13	104	00:09:23.43	94	Non Licensed
103	RÜB Michael		n°312	13	-M	00:29:17.73	6'31	00:08:35.80	75	00:09:20.54	86	00:11:21.39	123	Mendig
104	MÜNZEL Christiane		n°259	10	-F	00:29:18.61	6'31	00:09:25.23	108	00:09:53.73	103	00:09:59.65	109	Mendig
105	MÜLLER Ute		n°498	18	-F	00:29:24.34	6'32	00:09:57.69	117	00:09:55.42	105	00:09:31.23	98	Non Licensed
106	SCHMITZ Martina		n°554	19	-F	00:29:26.69	6'33	00:09:25.21	107	00:10:04.11	108	00:09:57.37	108	LT Untermosel
107	PLÉ Andrea		n°287	2	-F	00:29:35.49	6'35	00:09:45.84	111	00:09:57.52	106	00:09:52.13	107	Anglerclub Kobern
108	ZIMMERMANN Christina		n°431	6	-F	00:29:37.56	6'35	00:09:15.69	103	00:10:18.84	115	00:10:03.03	110	Non Licensed
109	MÜLLER Sascha		n°255	4	-M	00:29:37.57	6'35	00:09:15.63	102	00:10:18.28	114	00:10:03.66	112	Non Licensed
110	MOSEN Denise		n°251	7	-F	00:29:37.61	6'35	00:09:15.72	104	00:10:18.27	113	00:10:03.62	111	Non Licensed
111	BUSCH Yvonne		n°572	20	-F	00:29:37.75	6'35	00:09:47.69	112	00:09:59.23	107	00:09:50.83	106	Non Licensed
112	HOFMANN pia		n°134	11	-F	00:30:05.08	6'41	00:09:51.21	113	00:10:07.58	110	00:10:06.29	113	Non Licensed
113	HASENBERG Dirk		n°114	5	-M	00:30:05.19	6'41	00:09:51.36	114	00:10:07.45	109	00:10:06.38	114	Meddys LWT Koblenz
114	HUBLITZ Vincent		n°535	29	-M	00:30:05.32	6'41	00:08:49.82	79	00:10:41.13	116	00:10:34.37	115	DJK LT Helenberg
115	SCHNEIDER Dirk		n°536	30	-M	00:30:14.37	6'43	00:08:49.97	80	00:10:41.82	117	00:10:42.58	117	DJK LT Helenberg
116	BRECHTEL Kay		n°041	6	-M	00:30:17.19	6'44	00:10:26.96	119	00:10:11.37	112	00:09:38.86	101	Lavakraft
117	HAMMES Sabrina		n°111	8	-F	00:30:17.25	6'44	00:10:26.98	120	00:10:11.10	111	00:09:39.17	102	Non Licensed
118	RINGEL Michael		n°363	1	-M	00:31:38.96	7'02	00:09:56.43	116	00:10:54.55	120	00:10:47.98	119	LG Laacher See
119	BECKER Michael		n°018	3	-M	00:32:10.68	7'09	00:10:33.27	121	00:10:54.22	119	00:10:43.19	118	LG Laacher See
120	RINGEL Daniela		n°309	8	-F	00:32:11.28	7'09	00:10:34.76	122	00:10:54.19	118	00:10:42.33	116	LG Laacher See
121	KEIP Alfred		n°174	2	-M	00:32:12.91	7'10	00:09:56.08	115	00:11:01.46	121	00:11:15.37	122	LG Laacher See
122	MENDIG Petra		n°542	21	-F	00:33:25.46	7'26	00:10:36.32	123	00:11:11.03	124	00:11:38.11	132	Non Licensed
123	ZERNACK Dorothee		n°423	9	-F	00:34:20.43	7'38	00:11:19.36	128	00:11:36.02	132	00:11:25.05	124	Meddys LWT Koblenz
124	MÜLLER Birgit		n°252	3	-F	00:34:21.76	7'38	00:11:19.77	130	00:11:34.58	128	00:11:27.41	127	Meddys LWT Koblenz
125	OSTER Heike		n°280	10	-F	00:34:22.06	7'38	00:11:19.64	129	00:11:34.08	125	00:11:28.34	129	Meddys LWT Koblenz
126	GRUNDT Kerstin		n°105	11	-F	00:34:22.14	7'38	00:11:19.85	131	00:11:34.13	126	00:11:28.16	128	Meddys LWT Koblenz
127	FLEISCHMANN Heiko		n°074	7	-M	00:34:22.51	7'38	00:11:49.86	133	00:11:06.43	123	00:11:26.22	125	Meddys LWT Koblenz
128	ZEUGNER Simone		n°427	9	-F	00:34:23.68	7'39	00:11:20.10	132	00:11:34.32	127	00:11:29.26	131	Meddys LWT Koblenz
129	MANDT Carsten		n°226	14	-M	00:34:23.71	7'39	00:11:50.06	134	00:11:06.35	122	00:11:27.30	126	Meddys LWT Koblenz
130	MALUSCHEK ?		n°549	22	-F	00:34:43.27	7'43	00:12:13.27	139	00:11:35.52	131	00:10:54.48	120	Non Licensed
131	VON MINDING Tania		n°550	23	-F	00:34:43.86	7'43	00:12:12.87	137	00:11:35.26	129	00:10:55.73	121	Non Licensed
132	ZERNACK Stephanie		n°424	12	-F	00:34:57.76	7'46	00:11:19.31	126	00:11:36.18	134	00:12:02.27	133	Meddys LWT Koblenz
133	REITH Wolfgang		n°001	15	-M	00:34:58.09	7'46	00:11:19.32	127	00:11:36.09	133	00:12:02.68	134	Meddys LWT Koblenz
134	FEGER Martina		n°574	24	-F	00:35:17.51	7'51	00:12:13.21	138	00:11:35.35	130	00:11:28.95	130	Non Licensed
135	BERGER Joachim		n°025	16	-M	00:36:15.13	8'03	00:11:16.55	124	00:12:19.96	136	00:12:38.62	136	Non Licensed
136	KOHAUPT Stephanie		n°191	10	-F	00:36:15.17	8'03	00:11:16.66	125	00:12:19.90	135	00:12:38.61	135	Non Licensed
137	SCHOLZ Wolfgang		n°343	17	-M	00:37:13.69	8'16	00:12:04.15	135	00:12:21.57	137	00:12:47.97	137	Meddys LWT Koblenz
138	KÖNIG Barbara		n°200	13	-F	00:37:14.42	8'17	00:12:04.38	136	00:12:21.70	138	00:12:48.34	138	Meddys LWT Koblenz

